



# HIGHLAND

REHABILITATION & NURSING CENTER

Since Highland RNC remains Covid-19 free, we are able to allow visitation at this time. The facility has developed some specific guidelines on structured visitation in order to receive the highest-quality, compassionate care for optimum health, function, and quality of life. While the guidance from the state has approved outdoor visitation we recognize that the weather is getting colder and that is not the most conducive for our residents or their families. With that being said we are going to be doing **visitation indoors in our chapel as it is in a separate area of the facility.**

Given ongoing efforts to prevent the spread of COVID-19 and our goal to allow residents as much time as safely possible with their friends and family, **the following would be followed:**

- **Visits must be pre-scheduled in advance with the Director of Activities.**
- Visitation would be limited to 2 families at a time with 2 visitors for each resident.
- To allow for appropriate social distancing we are asking that families only attend if they share the same household.
- Visitor(s) will be directed to seats set up inside the chapel. Residents will remain at least six feet away from their visitors. Boundaries set to maintain this distance are clearly marked; In order for the visit to take place, all parties must agree to remain in the designated area so that the six feet minimum distance can be ensured through respectful supervision;
- **Visits will be limited to 30 minutes.**
- If any visitor fails to adhere to the protocol, he/she/they will be prohibited from visiting for the duration of the COVID-19 state declared public health emergency.
- If the facility falls out of compliance with State and DOH requirement, the NH would immediately halt visitation and inform the DOH. In addition, DOH could halt visitation at the nursing home at any time due to community or facility spread of infection.
- Staff will be present to allow for personnel to help with the transition of residents, monitoring of visitation, and cleaning and disinfecting areas used for visitation after each visit using an EPA-approved disinfectant.
- The nursing home maintains signage regarding facemask utilization and hand hygiene and uses applicable floor markings to cue social distancing delineations.
- Visitors will be screened for signs and symptoms of COVID-19 prior to resident access and visitation will be refused if any individual(s) exhibits any COVID-19 symptoms or do not pass the screening questions.
- Screening shall consist of both temperature checks and asking screening questions to assess potential exposure to COVID-19 which shall include questions regarding international travel or travel to other states designated under the Commissioner's travel advisory.
- **Visitors must also bring proof of a negative COVID-19 swab that occurred within the past 7 days and provide a copy to the facility.**
- Documentation of screening will be maintained onsite in an electronic format and available upon the Department's request for purposes of inspection and potential contact tracing.
- There will be adequate PPE made available by the nursing home to ensure residents wear a facemask or face covering which covers both the nose and mouth during visitation.
- **Visitors must wear a face mask or face covering** which covers both the nose and mouth at all times when on the premises of the NH.



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- The nursing home will have adequate supply of masks on hand for visitors and will make them available to visitors who lack an acceptable face covering.
- The nursing home will provide alcohol-based hand rub, consisting of at least 60 percent (60%) alcohol, to residents, visitors, and representatives of the long-term care ombudsman visiting residents.
- No more than 10 percent (10%) of the residents shall have visitors in any day.
- Visitors under the age of 18 must be accompanied by an adult living in the same house.
- Residents with COVID-19 signs or symptoms, and residents in a 14-day quarantine or observation period are not eligible for visits.
- A short, easy-to-read fact sheet outlining visitor expectations including appropriate hand hygiene and face coverings will be provided upon initial screening to all visitors.
- End of life visits will remain the same and will be scheduled with nursing

*Please be patient with us – we understand your excitement to see your loved one, but we must be extremely careful and cautious during the pandemic.*

*We understand the desire to hug and kiss them, but it simply is not safe at this time.*

*Please do not leave your home and come visit if you are experiencing ANY symptoms of illness.*